

GOAL SETTING



**THE WRITERS' HQ STEP-BY-STEP
GUIDE TO WORKING OUT WHERE YOU
WANT TO BE AND HOW TO GET THERE**

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Goal Setting For Your Writing

You can't get where you're going if you don't have a map.

The aim of this goal setting sheety-download-thing is to help you find a clearer picture of what it is you actually want to do, and the steps you can take to get there.

Take your time to fill it in. You can come back to this as many times as you like, and no one ever has to see it.

As you go through the sheet, try to make your goals and ideas as specific as possible. You want to write a novel? Cool! What kind of novel? Do you have an idea? Do you have a timescale in mind? Do you want to get it published or are you writing for yourself?

Remember: there are no wrong answers.



The Five Things You Want

You can want non-writing related things too! For e.g. I want to be confident in following my dreams, I want my family to be happy, I want to finish my novel, I want to publish my novel, I want a stupid-big house with a stupid-big magnolia tree.

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The Five Things You Need

Unlike our fictional dudes, our wants and needs don't need to be in opposition. So what do you *need* to get those five things done?

For e.g. strong community, great self-care, time and space, regular cultural input, to let go of unrealistic expectations.

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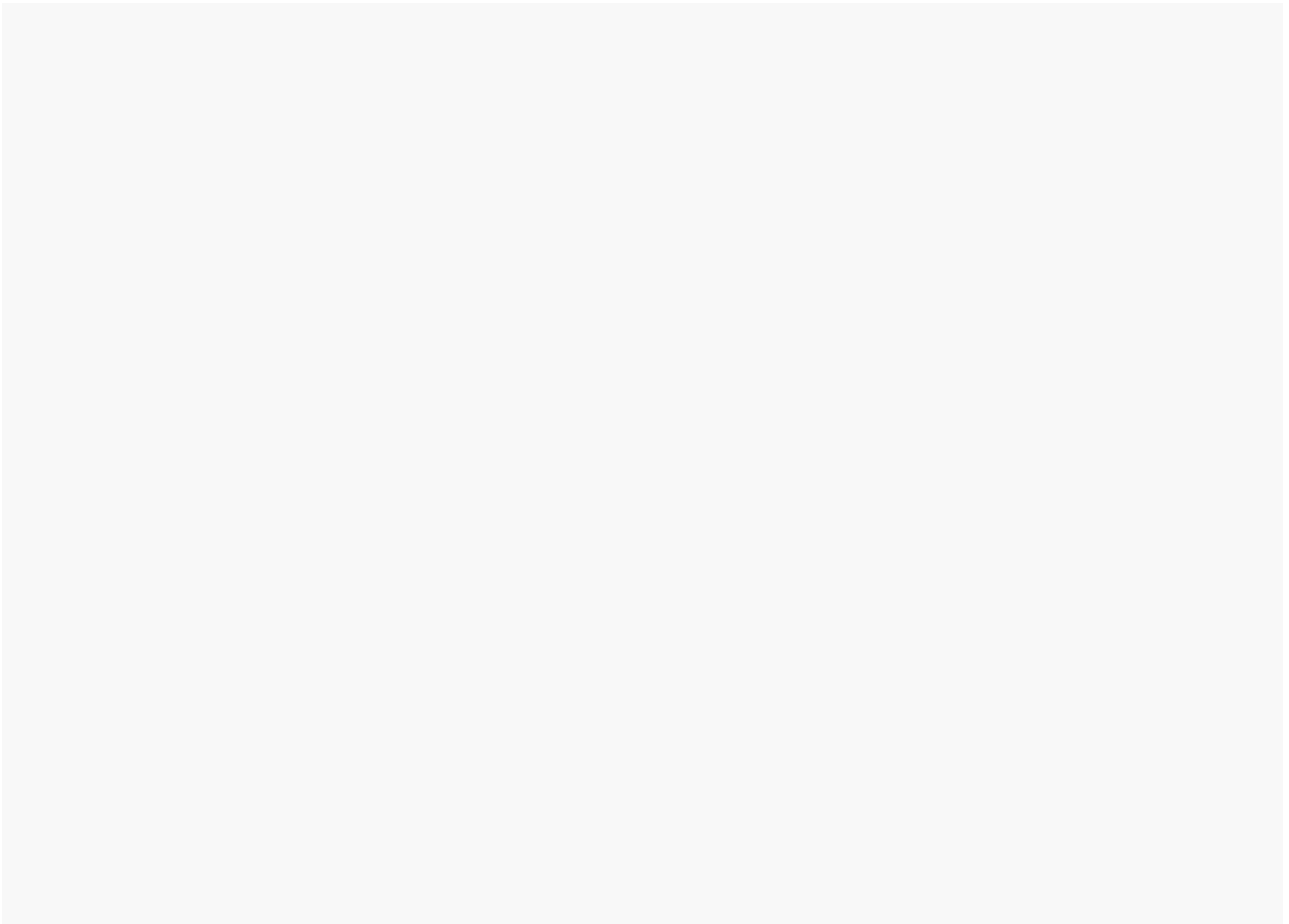
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The One Big Thing

Having lots of things to aim for and do can feel overwhelming. If there was ONE thing you could do or change that would make everything feel easier and/or better, what would it be? It could be more time, regular exercise, clearer plans, a cleaner, a resolution to a stressful situation, anything. What one thing would have a knock-on effect and make everything easier?



The One BIGGER Thing

What's the dream?

What's the thing that lives in your heart and calls to you in the middle of the night?

Be honest. Go crazy. No one is watching except you.



Now what?

Goals are no good if you don't have a PLAN. So let's start a plan. For each want and need, what's the next thing you have to do? You don't need to fill in all ten - you might find that some next steps take care of more than one want-or-need.

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And then?

More on planning

[Plotstormers](#) (course)

[14 Days To A Solid Writing Habit](#) (course)

More on time management

[8 Ways To Fit Writing Into Your Life](#) (blog)

[Couch To 5k Words](#) (course)

More on writers' block

[Get out of your own way](#) (blog)

[Break through the blockage](#) (blog)

